## DOTHILL PRIMARY SCHOOL

Severn Drive, Wellington, Telford, Shropshire, TF1 3JB Telephone 01952 386870

Head Teacher: Becca Butler



Dear Parents/Carers,

We are happy to be able to re-introduce the opportunity for your children to partake in 'Fitness Friday'. 'Fitness Friday' is an opportunity where your child can come into school in their P.E kit and, during their break time, they are able to come and take part in the 'Active 8 Workouts' by The Body Coach with Miss Jobe.

These Fridays will be timetabled so each Phase (1/2, 3/4 and 5/6) will have an opportunity to take part on alternating weeks, please see the timetable shown below:

Fitness Friday	27 <sup>th</sup> Jan 2023	3 <sup>rd</sup> Feb 2023	10 <sup>th</sup> Feb 2023	17 <sup>th</sup> Feb 2023	Half Term	3 <sup>rd</sup> March 2023	10 <sup>th</sup> March 2023	17 <sup>th</sup> March 2023	24 <sup>th</sup> March 2023
Years 1 & 2			<b>√</b>				<b>√</b>		
Years 3 & 4		<b>√</b>				<b>√</b>			<b>√</b>
Years 5 & 6	<b>√</b>			<b>√</b>				<b>√</b>	

If your child would like to take part in our 'Fitness Friday' then, on the dates above, they can come into school in their P.E kit. At the beginning of their break times, they can come to the large hall and afterwards Miss Jobe will take them back to their classes.

They do not have to take part if they do not wish to, if they choose not to take part, they must come to school in their school uniforms as normal.

Yours sincerely,

Miss Jobe





