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Contact the school on 01952 386870 or by email on <u>dothill@taw.org.uk</u>

Weekly update Attendance Dazzling Dotties Important Dates Mental Health Reminders

18.10.24

This week's Dazzling Dotties...





Just look at this wonderful lot! These are the children who have been chosen by their teachers for having a fabulous week. We are very proud of them all.

Dates for your diary



21.10.24 Meet with Friends 9am and 2pm
25.10.24 Halloween Afternoon in school
25.10.24 Break up for half term
4.11.24 PD Day (no children in school)
5.11.24 Back to school
5.11.24 SEND Coffee Morning
11.11.24 Parent Consultations 3:30-6:00pm
12.12.24 Christmas Dinner Day
20.12.24 Last day of term
6.1.25 PD Day (no children in school)
7.1.25 Spring Term begins

Reminder - Harvest Collection

We are collecting tinned foods and other lifelong foods and toiletries to support Telford Crisis Support. You can donate up until the 23rd October. ⁽²⁾ Attendance The classes with the highest attendance this week are Mrs Swindells' year 2ST class, Mr Jones' Year 3J class and Mrs Willoughby's Year 4W all with an amazing 99%! They have all had a super week impressing their teachers 😂

What have we been up to ...?

It has been another extremely busy week in school with lots of learning and fun things happening. Year five started the week with a fabulous Anglo-Saxon workshop as part of their history work. We had an open the book assembly from All Saint's Church sharing a story from the Bible. It has also been great to have lots of governors in school this week talking to teachers and visiting classrooms to see the wonderful progress your children are making.

Winners of the Dothill Cup: The class who has this week shown they embody the school values of 'Ready, Respectful, Safe' are Mr Furey's Year 5. '*The children have worked really hard on their writing this week and presented a final piece with beautiful handwriting*.'

Ready, Respect and Safe

Mental Health and Support

4. Give to others

Research suggests that acts of giving and kindness can help improve your mental wellbeing by:

- creating positive feelings and a sense of reward
- giving you a feeling of purpose and self-worth
- helping you connect with other people

It could be small acts of kindness towards other people, or larger ones like volunteering in your local community.

Some examples of the things you could try include:

- \checkmark saying thank you to someone for something they have done for you
- \checkmark $% \left({{\rm asking \ friends, \ family \ or \ colleagues \ how \ they \ are \ and \ really \ listening \ to \ their \ answer \ } \right)$
- \checkmark spending time with friends or relatives who need support or company
- offering to help someone you know with DIY or a work project
 volunteering in your community, such as helping at a school, hospital or care home