



Sun Protection Policy

Agreed by Governors: Autumn 2023
To be reviewed: Autumn 2025

Dothill Primary School Sun Protection Policy

At Dothill Primary School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

EDUCATION

- Staff will be educated about how to be SunSmart.
- All pupils will have at least one SunSmart lesson per year.
- We will talk about how to be SunSmart in assemblies at the start of the summer term.
- Parents and carers will be sent a letter (Appendix A) explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.

PROTECTION FROM THE SUN OUTDOORS

Shade

- When the sun is strong, we will encourage pupils to sit/play in the shade where it is available.
- Where possible, outdoor activities will take place in the shade.

Clothing

- When outside in sunny weather, pupils are encouraged to wear hats that cover the ears, face and neck.
- Pupils will be encouraged to wear tops that cover their shoulders.
- Pupils are allowed to wear UV protective sunglasses.
- Staff will be encouraged to wear suitable hats and clothing when on playground duty and teaching outdoors on sunny days to reinforce the SunSmart message.

Sunscreen

- Pupils will be asked to bring in their own labelled bottle of sunscreen.
- We ask that parents apply sunscreen to pupils before they come to school when the sun is strong during the summer months.
- Children will reapply their own sunscreen in school, we will ask that parents teach their children how to apply their own sunscreen.
- We will remind children to re-apply sunscreen when necessary.
- Sunscreen use will be encouraged on days when the sun is strong during summer at lunch breaks, during PE lessons and on school trips.

PROTECTION FROM THE SUN INDOORS

- Windows and other ventilation openings will be opened during the cool of early morning to allow stored heat to escape from the building.
- The use of electric lighting will be kept to a minimum during heatwaves.
- All electrical equipment, including computers and monitors will be switched off when not in use and will not be left in standby mode.

MAINTAINING CHILDREN'S HEALTH DURING HOT WEATHER CONDITIONS

- Pupils will be encouraged to eat normally.
- Pupils will be encouraged to bring their own labelled water bottle to school. They will be encouraged to drink plenty of water on hot days.
- Children will be given opportunities to refill their water bottle in school.
- Classroom layouts will be adjusted if necessary to avoid direct sunlight on pupils.
- Classrooms will reduce the amount of direct sunlight by closing the blinds.

APPENDIX A

Dear Parent/Carer,

We have developed a sun protection policy to ensure that we can all enjoy the sun safely.

The sun's rays are particularly strong over the summer, and they can damage children's skin. This may not seem like a problem right now, but it can lead to skin cancer in later life.

Your child's health and well-being are very important to us, which is why we have decided to:

- Increase the amount of school time spent learning about sun protection.
- Encourage pupils to wear hats and t-shirts when outside.
- Encourage pupils to use at least SPF 15 sunscreen in summer months.
- Encourage pupils to stay in the shade where possible.

More details of these and other new sun protection plans can be found in our sun protection policy which is available on our website.

Your support is very important to us; therefore, you can help by:

- Talking to your child at home about the importance of sun protection.
- Teaching your child to apply their own sunscreen.
- Sending your child to school with their own **clearly labelled** bottle of sunscreen.
- Talking to your child about not sharing their sunscreen with other children.
- Bringing a bottle of water to school each day.
- Sending your child to school with a **named** wide-brimmed hat.

If you make the decision for your child to bring sunscreen into school, then you agree that:

- You will teach them to apply their own sunscreen and understand that adults will **not** apply sunscreen to your child.
- You will talk to them about the safe use of sunscreen, so they do not cause harm to themselves, for example, putting sunscreen in their eyes.
- You will talk to them about not letting other children use their sunscreen.

Yours Sincerely,

Mrs. Nikki Harvey

Deputy Head teacher