

DOTHILL NEWS



6.06.25

Don't forget to check the school website for regular updates.

www.dothillprimaryschool.co.uk

Check out our Facebook page: Dothill Primary School, Telford

Contact school on 01952 386870 or
by email on dothill@taw.org.uk

Dazzling Dotties **Weekly Update** **Attendance** **Important Dates** **Reminders** **Mental Health** **SEND** **EYFS** **Internet Safety**

This Week's Dazzling Dotties!



As usual, a collection of super children, all chosen for representing our school values, Ready, Respectful and Safe so well.

Our Dothill Cup was awarded to the fabulous Year 4 class belonging to Mrs Longland and Mrs Horsfall for their superb attitude towards their multiplication check and demonstrating teamwork.

Well, done all. As ever, we are super proud!

What have we been up to...?

Welcome back to the final half term of the year! I cannot believe it is going by so quickly. Though a short week, we have been busy as ever: Year 4 have been working on their multiplication check practice and Year 1 are working hard ready for their phonics screening checks too.

Thank you to all Reception parents who came for the Stay and Play session this week – another lovely afternoon!



Governors visited school on Wednesday to see some of the fabulous work children are doing across school. Mrs Melville and Miss Dhariwal taught them all about Drawing Club and Curious Quests in Reception and Year 1 and showed them some examples of books; a special thank you to Miss Dhariwal who kindly let them loose in her very calm classroom to watch her wonderful children in action drawing and writing.

Well done to her class whose behaviour and attitudes to learning were exemplary.

We had a super group of children from across the school who showed off their writing in all subject areas. The governors were so impressed with their explanations and enthusiasm towards their learning.



Governors also discussed how we support our pupil premium pupils, and Mrs Weston spent time this week scrutinising our safeguarding processes and procedures.

Attendance

Parents can encourage good attendance by:

- Having a regular bedtime and morning routine
- Preparing for the morning routine by packing a bag the night before and setting out uniform
- Talking together about all the fun their child will have at school
- Arranging routine medical appointments, outings and holidays out of school hours
- Talking to their child's teacher if there are any concerns or anxieties
- Working with their child to develop healthy hygiene practices



Mental Health and Wellbeing

Mental health is not just the absence of mental disorder. It is defined as a state of well-being in which every individual realises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community (World Health Organization).

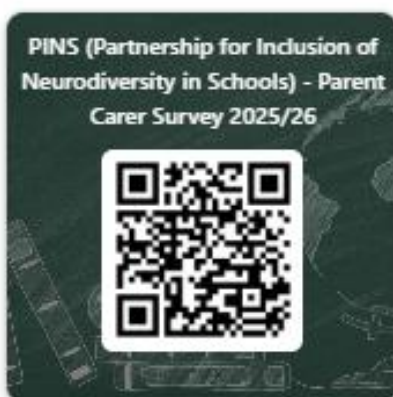
Evidence suggests there are 5 steps you can take to improve your mental health and wellbeing. Trying these things could help you feel more positive and able to get the most out of life.

1. Connect with Other People
2. Be physically Active
3. Learn New Skill
4. Give to Others
5. Pay Attention to the present moment



We have previously shared these 5 steps, but it is important to remind ourselves. Over the next 5 weeks we will be sharing more information.

SEND



Next week, we are holding two SEND coffee meetings, on Monday 9th June from 2:00pm – 3:30pm and Tuesday 10th June from 8:30am – 10:00am. We will be talking about the exciting new PINS project and focusing on Neurodiversity.

As part of this, all parents should now have received a letter about a survey which is designed to strengthen communication between home and school. Please take a moment to complete the survey using either the link below or the QR code.

<https://forms.office.com/e/0JwrQ8n668>

Early Years Foundation Stage (EYFS)

We have been learning about fruits and vegetables, how to grow them and how they taste! We thought this was a good time to focus on 'Strive for 5'. We have been sharing our ideas for 'Eating a Rainbow!' We would love to see your rainbow foods. If you'd like to share some pictures of any rainbow foods you have eaten (or grown!) please send them to our year group email address DothillPhaseLeaderEYFS@taw.org.uk and we can celebrate this in class.



Strive for 5!



As well as looking and tasting great, fruits and vegetables are packed with essential vitamins and minerals, phytochemicals (biologically active plant compounds) and fibre that are vital for good health.

Many of these nutrients also act as powerful antioxidants, protecting the body from harmful pollutants that can cause disease.

Getting children into the habit of eating a wide variety of fruit and vegetables could help maintain this healthy behaviour into early adulthood and beyond.

Eat a rainbow!

Different colours of fruits and vegetables contain different types of nutrients. By eating lots of different colours of fruits and vegetables we give ourselves the best variety of nutrients for good health.

Fruit juice and smoothies

Fresh, unsweetened fruit juices provide the body with vitamins and minerals, and water. Smoothies can also add fibre. However, the sugar naturally present in fruit juices/smoothies also adds energy to the diet and increases the risk of tooth decay.

- Stick to ONE 150ml glass per day
- Drink only at mealtimes
- Use a straw to avoid direct contact with children's teeth
- Brush teeth twice a day with a fluoride toothpaste



Dried Fruit

Dried fruit can be high in sugar and bad for your teeth. To reduce the risk of tooth decay, dried fruit is best enjoyed as part of a meal – with a dessert, for example, not as a between meal snack.

Further information:

- www.nhs.uk/change4life/food-facts/five-a-day
- www.bda.uk.com/foodfacts/fruit_vegetables_how_get_five-a-day

www.phunkyfoods.co.uk

Internet Safety

This week's free online safety guide focuses on YouTube. It highlights a number of risks such as connecting with strangers, inappropriate content and high visibility.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [thenationalcollege.com](https://www.thenationalcollege.com).

What Parents & Educators Need to Know about YOUTUBE

Almost anyone with an Internet connection knows YouTube. The Google-owned site lets anyone upload videos to be shared around the world, and as a result, it's an incredible resource with instant free access to material covering every conceivable topic. But with over 500 hours of video uploaded every minute, not all of it will be appropriate for young eyes.

WHAT ARE THE RISKS?

INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is tagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate content. This can include profanity and violence, which some young users may find upsetting.

CONNECT WITH STRANGERS

YouTube recommends videos related to what the user has previously watched on their account, aiming to provide content that will interest them. This is intended to be helpful but it can also lead to binge-watching and screen addiction – especially if 'auto-play' is active. Users without an account can also view popular videos from the last 24 hours, which might not always be suitable for children.

RADICALISATION

YouTube's algorithm tends to promote content that's getting the most traffic – a lot of which can be quite extreme. This can be fine for harmless topics, but YouTube isn't regulated like television, and that means that conspiracy theories, fake news and hateful ideologies can occasionally surface to warp impressionable minds all too easily. Remember – the more they watch, the more they'll be recommended.

CONNECTING WITH STRANGERS

YouTube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as message other users directly. Connecting with strangers online can potentially lead to children being exposed to adult language, cyberbullying and – in the worst cases – online predators. If a child is creating content themselves, this can increase the likelihood of them becoming a target.

TRENDS AND CHALLENGES

YouTube is teeming with trends and challenges, some of which are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may cause physical or emotional harm. Children who watch or copy them – 'the painful salt and ice challenge' – where people use these two ingredients to burn their skin – is just one of many examples.

SNEAKY SCAMMERS

The comments sections of popular content creators regularly have scammers posing as their influencer, attempting to lure users into clicking on their phishing links. Scammers impersonate YouTube creators by adopting their names and profile images, and often offer cash gifts or gift-like quick schemes. Children may not realise that these users aren't who they claim to be.

Advice for Parents & Educators

APPLY RESTRICTED MODE

For older children, Restricted Mode is an optional setting that prevents YouTube from showing inappropriate material (such as drug and alcohol abuse, graphic violence, and sexual content) to underage viewers. To prevent children from cheating across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that they use to access YouTube. It's worth also turning the auto-play feature off to prevent YouTube's algorithm automatically recommending something inappropriate.

TRY GOOGLE FAMILY

Creating a Google Family account allows parents and carers to monitor what their child is watching, uploading, and sharing with other users. It will also display their recently watched videos, searches, and recommended videos. In general, a Google Family account gives a parent or carer oversight of how their child uses devices like YouTube and helps to ensure that they are only accessing appropriate content.

MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them under 18. Younger children will watch different content to older ones, of course. You may want to keep an eye on how children interact with this material – and, if applicable, with content creators – to understand what they're interested in. Remember that creators often share content outside of YouTube, so don't ignore their web presence elsewhere!

CONSIDER YOUTUBE KIDS

It's possible to sidestep most inappropriate content completely via Google's YouTube Kids app for Android handsets and iPhone. This lets you filter content by 'preschool' (4 and under), 'younger' (ages 5 to 8) and 'older' (ages 9 to 12). This isn't a perfect substitute for personal supervision, as the app's filtering system is automated, and Google can't manually review all videos.

CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' – so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that a child is subscribed to can be hidden. If the child is only uploading videos set as 'private', they are far less likely to receive direct messages from strangers.

LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases. For example, users can rent and buy TV shows and movies to watch. If you're like to avoid children purchasing content online, limit their access to online payment methods. Many parents have discovered the hard way that a child happily consuming a paid-for series quickly leads to an unexpected bill!

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.

WakeUp Wednesday

The National College

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YouTube is a video-sharing social media platform that allows billions of people around the world to watch, share and upload their own videos with a vast range of content – including sport, entertainment, education and lots more. It's a superb space for people to consume content that they're interested in. As a result, this astronomically popular platform has had a huge social impact: influencing online culture on a global scale and creating new celebrities.

In this guide, you'll find tips on avoiding potential risks such as connecting with strangers, inappropriate content and high visibility.

[Free Online Safety Guide | YouTube](https://www.thenationalcollege.com/free-online-safety-guide/youtube)

Dates for your diary

June

- 9.6.25 Year 1 Phonic Screening Check Week
- 9.6.25 Year 5/6 Mixed Rounders Festival
- 9.6.25 SEND Coffee Afternoon (2pm-3:30pm)
- 10.6.25 SEND Coffee Morning (8:30am- 10am)
- 11.6.25 Governor Working Party
- 12.6.25 School Photo Day (Class photos and Year 6)
- 20.6.25 Year 3/4 Sport Day (9:30am Start)
- 20.6.25 Year 5/6 Sports Day (1:30pm start)
- 25.6.25 EYFS Sport Day (9:30am start)
- 26.6.25 Year 1/2 Sports Day (9:30am start)



27.6.25 Friends Non-uniform day (donations for summer fair)

July

4.7.25 Summer Fair (2:30pm – 4pm)

7.7.25 Secondary Transition Day

8.7.25 Secondary Transition Day

8.7.25 Whole School Transition Day

8.7.25 New Reception 1st Transition Morning (9:30-12:00)

11.7.25 End of Year Reports to be sent out to parents

16.7.25 New Reception 2nd Transition Morning (9:30-12:00)

15.7.25 Year 6 Production (1:30pm start)

16.7.25 Year 6 Production (9:30am start)

18.7.25 Year 6 Leavers Assembly (1:30pm)

18.7.25 End of school year

2.9.25 Return to School for New Academic Year

**Ready
Respectful
Safe**

BE YOUR BEST